

Enriching lives every day; enabling our school community to learn, achieve and flourish through living 'life in all its fullness'



Year 4 Netball

Curriculum Link:

Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

| Key Information | Learning | Key PE Skills |
|---|---|---|
| Unit | Previous Learning | Competing and Performing |
| Subject Name: PE Year Group: 4 Term: 3 (H1) Unit Name: Netball Spiritual Development Through the study of Physical Education, children will develop an understanding of the importance of physical health and how this can promote positive emotional development. When Jesus arrived, he saw a large crowd. He felt sorry for them and healed those who were sick. Matthew 14:14 | Year 3 - Netball To develop passing and moving and play within the footwork rule. To use a variety of passes to move towards a goal. To develop movement skills to lose a defender. To defend an opponent and try to win the ball. To develop the shooting action. To apply skills and knowledge to play games using netball rules. | Compete against self and others in a controlled manner in teams and individually in a range of competitive activities beginning to use evaluation to improve performance. |
| Big Ideas | Year 4 Learning | Health and Fitness & Preparation |



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| Play netball (modified |
| where appropriate) to |
| apply and develop |
| attacking and |
| defending skills, |
| running, jumping, |
| throwing and catching |
| skills, improve |
| communication, |
| competitive and |
| collaboration skills and |
| evaluate and improve |
| their performance. |
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- To develop passing and moving and play within the footwork rule.
- To use a variety of passes to move towards a goal.
- To develop movement skills to lose a defender.
- To defend an opponent and try to win the ball.
- To develop the shooting action.
- To apply skills and knowledge to play games using netball rules.
- Begin to learn the positions of High 5 Netball.

- Know and understand the reasons for warming up and cooling down.
- Explain why exercise is good for your health and make some links to ways we can become healthier.



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| Key Information | Learning | Key PE Skills |
|---|--|--|
| Vocabulary | Future Learning: | Evaluation and Communication |
| chest pass shoulder pass | Year 5 - Netball To develop passing and moving to maintain possession. To use a variety of attacking skills to lose a defender. To move into and create space to support a teammate. To use defending skills to gain possession. To develop accuracy in the shooting action under pressure. To use and apply skills, principles and tactics to a game situation. | Watch and describe performances of themselves and others - link this to describing how their performance has improved over time and offer improvements to others. Use communication skills to illustrate what they are doing and respond to others. |
| bounce pass chest pass shoulder pass footwork rule | | |