



Funded by
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Telford and Wrekin
FAMILY HUBS



**IN YOUR
COMMUNITY**



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough

Scan the QR
code for further
information



Drop-in sessions across Telford and Wrekin

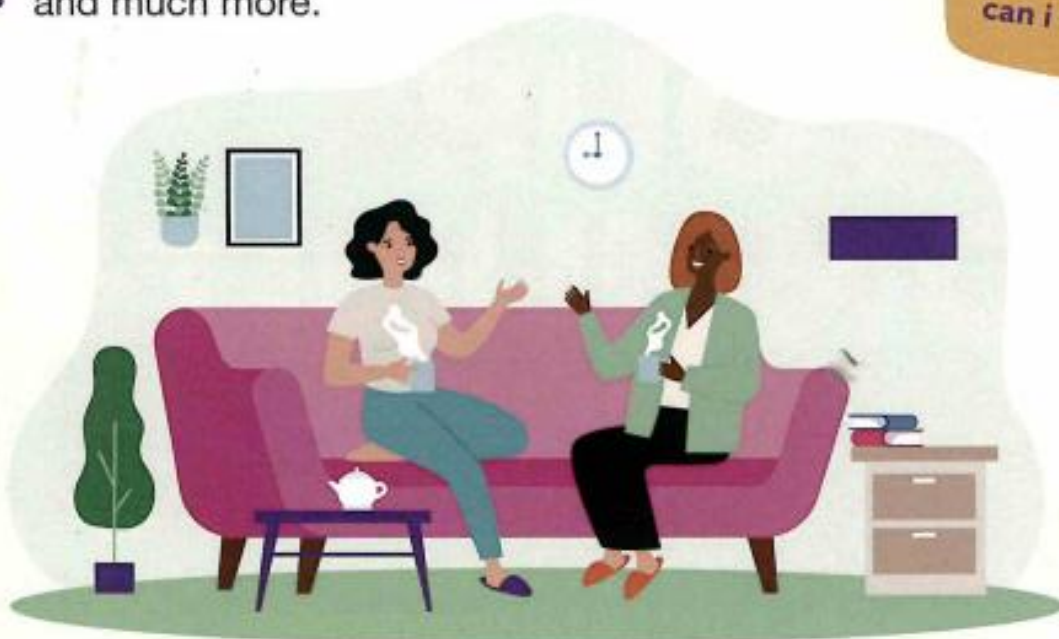
Come along and meet your local Family Hubs team at any of our drop-ins.

We can provide you with support and advice around

- parenting and behaviour support;
- online and community safety;
- SEND (Special Educational Needs and Disability);
- domestic abuse support;
- financial advice;
- information around support in your community;
- and much more.

Hello

Hi, how
can i help?



Telephone drop-in

On selected dates and times a telephone drop-in service is available and we can provide a translator if needed. Visit www.telfordfamilyhubs.co.uk for further information on locations and times for drop-ins and how to book a telephone drop-in appointment.



Online programmes and workshops

The Family Hubs team offers a range of free online programmes and workshops ran by our friendly team that you can access from the comfort of your own home to support you and your family.

Take a look at our website to see what's available for you.

Parenting Together

A four week online programme, which looks at behaviour support for your children and teenagers, keeping safe online and in the community, feelings and emotions and much more.

Booking

Please go to the www.telfordfamilyhubs.co.uk and click the parenting tab to book a place.

Call **01952 385465** if you have any questions and we will be happy to help.



Solihull Approach

You can access a free variety of programmes for 0-19 years that you can complete in your own time which cover topics from understanding pregnancy and your baby, to the teenage brain and more.

These are **FREE** to access at <https://inourplace.co.uk>
– the password is **Darwin18**





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Playing Together

Come and join us and have fun
playing with your 0-5 year olds!

**A FREE session for you and your child to enjoy
games, physical play and creative activities.**

www.telfordfamilyhubs.co.uk

TUESDAY	Neighbourhood Centre, Hollinswood	10-11.30am
TUESDAY	Donnington Children's Centre within Donnington Infants School	9.15-10.45am
FRIDAY	Park Lane Centre, Woodside	1-2.30pm

All groups are term time only

Check out what's on in and available for you in your community.
We have information around local playgroups, healthy eating,
cooking classes, events, infant feeding, and more.

